

## **Welcome, Introduction, and Feelings - about 100:15 ~~63:15~~ Summary of Changes to the CPO O&M in order to conduct a 3RE (Restore, Rekindle, Renew Enrichment)**

Those who are rewriting their personal sharings in order to lead a Restore, Rekindle, Renew Enrichment will obviously wish to carefully check wording that refers to Weekend, tomorrow, hotel, check out, etc., but in general alterations come at the beginning and end. That is certainly true for Welcome, Introduction, and Feelings.

To the typical "Welcome and Introduction" of this talk's Section I, you will want to add the many details that are different for this multiple-week format. As suggested in the O&M, much can be printed on a "Nuts and Bolts" sheet. The overall time has increased considerably, from 63:15 to just over 100:00, with most increase to the second half.

Obvious new points to include in Section I:

- they have been provided a private space
- they need a dialogue book tonight, not waiting until the usual spot in Marriage in Today's World. This could be done when the PDA take home packet is explained
- there is a question and answer time provided at each session
- take home materials are an essential element of the entire experience
- they should return their name tags at the end of each session

Section IV will require some modification to your usual wording, as there is no waking up, no television, etc.

Section XIII omits the usual Wrap up and Worship details, but now includes explaining how they are to move back and forth to their private space.

Section XIV is an entirely new motivation section by the Lay presenters about the importance of doing the take home exercises and returning to the next sessions.

It includes:

- Suggestions for dialoguing at home
  - WEDS
  - "prime time"
  - eliminate distractions
  - choosing questions (we provide a handful but try your own)
  - possibly using a timer to encourage them to write for at least 10 minutes and do verbal dialogue for at most 10 minutes
  - recap of importance of writing
  - how they might dialogue even if apart

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- Encouragement to keep connected with the presenters to ask any questions. If a "buddy system" or small group on Facebook, etc., is going to be used, explain this now, plus what they should do if they suddenly cannot attend.
- Strong encouragement to miss no sessions
- Explanation of acronyms for dialogue questions
- Invitation to submit questions for the Question jar and/or come with questions each week, and to ask anything they want to during the 10-minute Q&A time
- Mission Possible paperwork is handed out and explained (as preparation for the next leg of an exciting journey, not as a burden).
  - Prayer - each week we will assist the couples in developing their couple prayer, gradually. (Today's Step 1 is simply to pray as individuals silently for one minutes, sitting side by side.)
  - Dialogue - each week we will provide a handful of dialogue questions to bring to life the concepts heard here.
  - Act - each session suggests some actions to rekindle romance.

Section XV is also new, serving as an upbeat "teaser" to the next session. It is given by the Clergy couple for up to five minutes. The WWME pilot suggests adding a song, such as Steve and Annie Chapman's "Incompatibility" or referencing a book like Men are from Mars, Women are From Venus. You could mention that the next session will focus on our personality styles, behaviors, and what we can and cannot change. That session and the PDA that follows make a great foundation to exploring what "makes us tick" and what "ticks us off."

Close with a prayer and some instructions (e.g., leave right away or stay for snacks, pick up children, etc.).